

## **Jacksons Families-**

Thank you for choosing Jacksons Gymnastics of Orlando for your child's summer camp destination! We are very excited to get things rolling and to get our campers in the gym. Below is everything you need to know to make sure your camper(s) is ready to get the summer going with a bang! Here is just a few bullets and general information to make sure our future camper(s) are ready for a fun-filled summer with us!

### **Camp Dates**

June 5<sup>th</sup>- August 11<sup>th</sup>

Week 1	June 5 <sup>th</sup> -9 <sup>th</sup>
Week 2	June 12 <sup>th</sup> -16 <sup>th</sup>
Week 3	June 19 <sup>th</sup> -23 <sup>rd</sup>
Week 4	June 26 <sup>th</sup> -30 <sup>th</sup>
Week 5*	July 5 <sup>th</sup> -7 <sup>th</sup>
Week 6	July 10 <sup>th</sup> -14 <sup>th</sup>
Week 7	July 17 <sup>th</sup> -21 <sup>st</sup>
Week 8	July 24 <sup>th</sup> -28 <sup>th</sup>
Week 9	July 31 <sup>st</sup> -August 4 <sup>th</sup>
Week 10	August 7 <sup>th</sup> -11 <sup>th</sup>

### **Camp Hours**

<b>Full Day</b>	<b>Half Day</b>	<b>Extended Care</b>
<b>9:00-4:00 PM</b>	9:00-12:00 PM	8:00-6:00 PM
	1:00-4:00 PM	

### **Camp Prices**

	<b>Full Day</b>	<b>Half Day</b>	<b>Extended Care</b>
<b>Full Week</b>	\$125.00	\$100.00	
<b>4 Days</b>	\$100.00	\$75.00	
<b>3 Days</b>	\$75.00		
<b>Daily</b>	\$35.00	\$25.00	\$10.00

- **Discounted prices:** Discounted rates are only available at time of sign-up. If you wish to add an additional day there is no discount provided (daily: \$35). We **do not** offer sibling discounts.
- **Extended Care:** Extended hours are between 8:00-6:00 PM. If your child is dropped off before 8:45 am it is considered extended care in which you **will** be charged an additional \$10.00. Extended care hours in the afternoon begin at 4:15 pm. If you pick up your child after 4:15 there **will** be a \$10.00 charge for extended care. Any additional minute after 6:00 pm is an additional dollar per minute.
- **Registration form:** The summer camp registration form is attached. Please fill it out in full, sign, date and bring it with you on your first day of camp or send it via email. No child will be allowed to participate in camp if he or she does not have a registration form on file regardless if they've been in our program previously.
- **Check In:** When you arrive for your first day of camp, please sign your child in at the appropriate sign-in location in our lobby. When you sign your child in, the JG Staff will then have you fill out any necessary paper work and take payment for that week. If you have already taken care of paper work and payment, you will only have to sign your child in and receive a name tag. During check-in, please inform Miss. Nicolle of any allergies or disabilities that need to be monitored.
- **Bathroom breaks:** To attend Jacksons, your child must be fully potty trained. Camper(s) between the ages of 3-5 **MUST** pack additional clothing. Accidents do happen and we do not have additional clothing for the camper(s).

\*If your child is going to be carpooling with another family or you have another family member picking up/dropping off, please let us know when you check your child in on the first day. **Only the authorized person(s) on the registration form will be allowed to pick up. This individual must have a photo ID and know the appropriate code which will be provided to parent at check-in. If the authorized person(s) does not have the code to sign the camper out, they will NOT be able to leave with that adult.**

- **Allergies:** If your child has any allergies to food or medications please list them on the summer camp registration form and let us know when you check them in the first day. We **do not** encourage sharing food during snack time or lunch and we reserve the right to refuse the sale of a snack to a child if we are unsure if it will conflict with an existing food allergy.
- **Lunches/Snack Tabs:** Campers will have two snack breaks throughout the day and one lunch break. We encourage parents to pack extra snacks and water because the campers are active the majority of the time. We also have a snack bar. You may leave money on an account from which your child can buy snacks. Please let the JG staff know of any snack your child is not permitted to have and we will make a note of it.

## Schedule

A sample schedule is attached for you to see what a week of camp consists of. The campers will not only learn gymnastics skills, but they also play games, do relay races, build strength through fun conditioning, etc. The campers will participate in at least 3 events per day. By the end of the week they will experience all the events within the gym. The campers are divided into groups by age, gender and skill level. The first day is an assessment day to decide which group the campers will be in for the week. If the JG staff notices a child advance quickly, we will move them into a more advanced group.

- I have provided the weekly schedule for each age group below. Please notice the ages per group to find the appropriate group for your camper. Schedule subject to change.

### Pink Group (Ages 3-5)

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>8:30-9:00</b>	Check-in	Check-in	Check-in	Check-in	Check-in
<b>9:00-9:30</b>	Group Warm-up	Group Warm-up	Group Warm-up	Group Warm-up	Group Warm-up
<b>9:30-10:00</b>	Rules, Attendance, Groups	Rules, Attendance, Groups	Rules, Attendance, Groups	Rules, Attendance, Groups	Rules, Attendance, Groups
<b>10:00-10:30</b>	Snack	Snack	Snack	Snack	Snack
<b>10:30-11:00</b>	Event 1	Event 1	Event 1	Event 1	Event 1
<b>11:00-11:30</b>	Games	Games	Games	Games	Games
<b>11:30-12:00</b>	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
<b>12:00-12:30</b>	Movie	Movie	Movie	Movie	Movie
<b>12:30-1:00</b>	Arts & Crafts	Arts & Crafts	Arts & Crafts	Arts & Crafts	Arts & Crafts
<b>1:00-1:30</b>	Event 2	Event 2	Event 2	Event 2	Event 2
<b>1:30-2:00</b>	Snack	Snack	Snack	Snack	Snack
<b>2:00-2:30</b>	Games	Games	Games	Games	Games
<b>2:30-3:00</b>	Event 3	Event 3	Event 3	Event 3	Event 3
<b>3:00-3:30</b>	Pit	Pit	Pit	Pit	Gym Movie
<b>3:30-4:00</b>	Room 1	Room 1	Room 1	Room 1	Gym Movie

### Green Group (Ages 6-8)

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>8:30-9:00</b>	Check-in	Check-in	Check-in	Check-in	Check-in
<b>9:00-9:30</b>	Group Warm-up	Group Warm-up	Group Warm-up	Group Warm-up	Group Warm-up
<b>9:30-10:00</b>	Rules, Attendance, Groups	Rules, Attendance, Groups	Rules, Attendance, Groups	Rules, Attendance, Groups	Rules, Attendance, Groups
<b>10:00-10:30</b>	Event 1	Event 1	Event 1	Ninja Time	Event 1
<b>10:30-11:00</b>	Snack	Snack	Snack	Snack	Snack
<b>11:00-11:30</b>	Event 2	Bars Event	Event 2	Bars Event	Event 2
<b>11:30-12:00</b>	Free Time	Free Time	Free Time	Free Time	Free Time
<b>12:00-12:30</b>	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
<b>12:30-1:00</b>	Movie	Movie	Movie	Movie	Movie
<b>1:00-1:30</b>	Event 3	Event 3	Event 3	Event 3	Event 3
<b>1:30-2:00</b>	Games	Games	Games	Games	Games
<b>2:00-2:30</b>	Snack	Snack	Snack	Snack	Snack
<b>2:30-3:00</b>	Races/Pit	Races/Pit	Races/Pit	Races/Pit	Races/Pit
<b>3:00-3:30</b>	Free time	Free time	Free time	Free time	Gym Movie
<b>3:30-4:00</b>	Room 2	Room 2	Room 2	Room 2	Gym Movie

### Blue Group (Ages 9-up)

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>8:30-9:00</b>	Check-in	Check-in	Check-in	Check-in	Check-in
<b>9:00-9:30</b>	Group Warm-up	Group Warm-up	Group Warm-up	Group Warm-up	Group Warm-up
<b>9:30-10:00</b>	Rules, Attendance, Groups	Rules, Attendance, Groups	Rules, Attendance, Groups	Rules, Attendance, Groups	Rules, Attendance, Groups
<b>10:00-10:30</b>	Event 1	Event 1	Event 1	Ninja Time	Event 1
<b>10:30-11:00</b>	Games	Games	Games	Games	Games
<b>11:00-11:30</b>	Snack	Snack	Snack	Snack	Snack
<b>11:30-12:00</b>	Free Time	Free Time	Free Time	Free Time	Free Time
<b>12:00-12:30</b>	Races/Pit	Races/Pit	Races/Pit	Races/Pit	Races/Pit
<b>12:30-1:00</b>	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
<b>1:00-1:30</b>	Movie	Movie	Movie	Movie	Movie
<b>1:30-2:00</b>	Games	Games	Games	Games	Games
<b>2:00-2:30</b>	Event 2	Event 2	Event 2	Event 2	Event 2
<b>2:30-3:00</b>	Snack	Snack	Snack	Snack	Snack
<b>3:00-3:30</b>	Event 3	Event 3	Event 3	Event 3	Gym Movie
<b>3:30-4:00</b>	Room 3	Room 3	Room 3	Room 3	Gym Movie

**\*ATTIRE:** Girls may wear leotards, t-shirts, shorts, or any play clothes. We do **not** require a leotard if you do not have one. We also ask for NO denim or skirts/dresses. Hair is to be pulled back and out of the way of the eyes. Boys may wear athletic shorts or top. All campers will be barefoot in the gym so no sneakers or socks are required.

- What is **Ninja Time?** On Thursdays Jacksons will be hosting Ninja Time. Jacksons focuses not only on gymnastics but also keeping your child in fit shape. During Ninja Time, Jacksons has designed an agility course to keep your child moving in a fun and safe manner.

## **Wednesday**

Pizza day!!

\$5.00 for two slices of pizza plus a bottle of water.

Please still pack snacks for other snack breaks

## **BOUNCE HOUSE FRIDAYS!**

Every Friday, we will be blowing up the bounce house for additional fitness fun!

It will be included in your campers' experience with us at Jacksons!

We are very excited for summer camp to begin as well as meeting all our future campers! If you have any additional questions, please feel free to email us or give us a call at the gym at (407) 888-4750.

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